**TYPE 1 AND 2 OF ALCOHOLISM**

Table 2

Distinguishing Differences Between Type I and Type II Alcoholism1

| **Characteristic** | **Type I Alcoholism** | **Type II Alcoholism** |
| --- | --- | --- |
| Contributing factors | Genetic and environmental | Primarily genetic |
| Gender distribution | Affects both men and women | Affects men more often than women |
| Usual age of onset | After age 25 | Before age 25 |
| Common alcohol-related problems | Loss of control over drinking; binge drinking; guilt about drinking; progressive severity of alcohol abuse | Inability to abstain from alcohol; drinking frequently associated with fighting and arrests; severity of alcohol abuse usually not progressive |
| Characteristic personality traits | High harm avoidance and low novelty seeking; person drinks to relieve anxiety | High novelty seeking; person drinks to induce euphoria |

**APA Citation:** (Cloninger et al., 1996)

Cloninger, C. R., Sigvardsson, S., & Bohman, M. (1996). Type I and Type II Alcoholism: An Update. *Alcohol Health and Research World*, *20*(1), 18–23. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6876531/

**General topic:** Type I and Type II Alcoholism: An Update. *Alcohol Health and Research World*,

**Hypothesis being tested:** The hypothesis tested was to find out if the type I and type II alcoholics are affected by the factors stated by its original proponent: Stockholm

**Explanatory and response variables & how are they measured:** The exploratory variables were the factors that affects the an individual to drink which were measured with the following: age group, age of onset, gender distribution among others. The response variable was the characteristics gotten to categorise the individuals into type I or type II

**Summary of results and key findings:** The research concluded most of the original study about the type I and type II alcoholics. It also found out that“high harm avoidance and high novelty seeking appear to be the traits most strongly predisposing to type I and type II alcoholism, respectively”(Cloninger et al., 1996).

**Significance to my research question:** Through this research, I have understood the different types of alcoholics we have. This will help me narrow down on the type of alcoholic that I will be focusing my research on the variables in the code book that I will need for it.